

Leeswood & Pontblyddyn Age-Friendly Community Action Plan

Leeswood & Pontblyddyn Age-Friendly Community Vision

Leeswood & Pontblyddyn is a safe, inclusive community that offers activities/facilities that enable everyone to age well.

Leeswood & Pontblyddyn Age-Friendly Community Priorities

The following priorities were gathered through workshops, consultations and through a questionnaire at the annual carnival :

Outdoor spaces & public buildings

- Prevent fly tipping
- General tidy up/less litter
- Dog fouling – pavements, parks, play areas
- Speed cameras
- Improved parking
- Speed bumps
- More use of the community centre

Transportation

- Access (no pavement)
- Better public transport provision – nothing after 5pm
- Ring & ride service

Social Participation

- Drop –in centre / café (in old clinic?)
- Ladies lunch club
- Walking club/Ramblers
- Keep fit activities e.g. yoga
- More sports
- Digital learners group/training
- More activities for children/young people
- Scouts/ Boys Brigade
- Activities/groups for men

Housing

- Suitable housing for over 50's

Respect & Social Inclusion

- Anti-social behaviour
- Intergenerational activities/ community events
- Support for people whose first language is Welsh

Civic participation/employment

- More volunteers
- Spread of commitment –all ages
- Involve youth club in community activity
- More help with production of Leeswood News
- IT learners group – links with school?

Information & communication

- Better communication
- Information about new/changed bus services
- Wider range of information in Leeswood News
- Increase awareness of Leeswood newsletter
- Better publicity/contact information about existing groups
- Promote the website
- Circulate information to all the village – annual leaflet
- More information sharing between groups

Community support & health services

- People don't know how to access for help
- Availability of services
- Support for people who need it - in their homes and to get out and about
- Few links between organisations that support different groups of people

All of the priorities identified in the information gathering phase are cross-cutting and impact on one or more of the eight dimensions of community life that influence health and wellbeing of older people. These have been encapsulated into six overarching priorities, the grid below provides an overview of how each priority might influence each of the dimensions.

1 Outdoor space & public buildings	2 Transport	3 Housing	4 Social participation	5 Respect & social inclusion	6 Civic participation & employment	7 Communication & information	8 Community support & health services
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What are the priorities	1	2	3	4	5	6	7	8
1. More involvement of people of all ages to 'lighten the load' Link organisations (e.g. the Youth Club, faith groups, older people's groups) to bring different generations and groups in the village together, encouraging people to talk to each other about the similar issues that affect them and work together to find a solution						x		
2. Increase the number/range of activities in the community for people of all ages Find out about what interests people who are not participating in community groups and events at present, and what would help them to get involved. Match opportunities to people and create more opportunities for people who are working.				x	x			
3. Maximise the use of the Community Centre to protect the future of this valuable asset Ensure community centre has a full schedule of events for all age groups, and people with different needs (e.g. people with dementia) to guarantee its future.	x			x	x			
4. Improve information about organisations/groups and the support available More networking and information sharing between organisations, including a directory of groups							x	x
5. Increase the range of communication media to raise awareness about what is happening in the community Develop and make better use of community website, social media, Leeswood News, Codgers Quarterly, notice boards and other routes to inform people about what is happening				x			x	x
6. Increase community pride and spirit of volunteering to build community resilience Build on momentum and pride around successful whole-community events, such as the Carnival (popular with the community)				x	x	x		

Initial Actions for development during year 1

The Steering Group considered the priorities and agreed the following actions for development.

What are we going to do	What steps are we going to take	Who needs to be involved	When do we want to do it by	How will we know we have been successful
<ul style="list-style-type: none"> • Increase the use of the community centre, making best use of the available space and facilities including the old clinic. 	<ul style="list-style-type: none"> • Strip out the kitchen cabinets in the old clinic and replace with donated kitchen units and sink • Redecorate old clinic (repair plaster) • Install wifi in the community centre • Recruit volunteers • Apply to Community Council for funding • Look at fundraising options (e.g pop-up shop, other grant sources) • Purchase suitable soft furnishings to create a relaxed space in the old clinic • Hold a launch event • Organise range of activities e.g Digital learning, 'knit and natter', book club 	<p>AFC Steering Group (SG)/ Community Centre volunteers, Caretaker, Volunteering Matters (VM) Co-ordinator As above</p> <p>Community Council (CC), VM Co-ordinator</p> <p>VM Co-ordinator</p> <p>VM co-ordinator</p> <p>VM Co-ordinator</p> <p>VM Co-ordinator</p> <p>VM Co-ordinator, AFC SG, Community Centre Committee</p> <p>VM Co-ordinator, Community Centre Committee</p>	<p>28Feb18</p> <p>28Feb18</p> <p>Ongoing</p> <p>Jan 2018</p> <p>Feb 2018</p> <p>Feb/Mar 2018</p> <p>Mar 2018</p> <p>Feb/Mar 2018</p>	<p>Regular schedule of activities appealing to a wide range of people in the community.</p> <p>More volunteers involved in organising/running activities</p> <p>People use the Community Centre as a meeting place/ digital activity</p> <p>People in the community living with dementia have somewhere to go locally for help and support</p>

	<ul style="list-style-type: none"> Support BCUHB Dementia Support Worker (DSW) in the development of a memory café/clinic 	VM Co-ordinator, BCUHB DSW, OP Engagement Worker, OPS Co-ordinator	Feb/Mar 2018	
<ul style="list-style-type: none"> Create a regular 'What's On' for Leeswood & Pontblyddyn and consider ways the community can keep it up to date 	<ul style="list-style-type: none"> Gather details of all community activities, including venue, timings, who to contact Liaise with Leeswood News Editor for regular 'What's On' page Publish on community Council website Develop notices/leaflets for noticeboards/community venue (e.g co-op, school) 	<p>VM Co-ordinator</p> <p>VM Co-ordinator, Editor Leeswood News</p> <p>VM Co-ordinator, CC Website contact</p> <p>VM Co-ordinator, Coop, Ysgol Derwenfa school</p>	<p>Jan 2018</p> <p>Jan 2018</p> <p>Feb 2018</p> <p>Feb 2018</p>	<p>People know where to go to find out what's happening in Leeswood & Pontblyddyn</p> <p>There is a sustainable process for ensuring information about activities/events is up-to-date and shared through a variety of media</p> <p>Activities/Events in Leeswood/ Pontblyddyn are well attended/ supported</p>

Appendix

Stakeholders Workshop results summary

Hopes and dreams:

Footpaths are known, marked and maintained

More community activities for everyone

More involvement (with junior school) with footpaths, getting more YP out and involved in walking

Involvement of YP (e.g. youth club) in future development of priorities

Engagement with different groups to develop priorities

Intergenerational work to get YP involved, encouraging children/YP to connect with older people

More *younger* Older People involved

More activities for OP

Integrate (church) into life of village

Summary of actions:

- More links between generations
 - Sharing of skills (e.g. computers, gardening, cooking)
 - Find out what young adults are interested in
 - Links with secondary schools (Welsh Bacc)
 - Community Café in community centre
 - Cricket club
 - Linking groups (e.g. coffee morning, lunch club)
 - Different groups like doing different things
 - Find out what assets we have in the community (not just buildings, skills, knowledge)
 - What do YP like/need (eg. Gardening,->cooking->eating, gardening->village in bloom->community pride)
- Getting representation from other groups
 - More people on steering group (to get funding)
 - So people are better informed
 - Improving information flow/integration (e.g. community diary/directory)

- Better use of noticeboards
- Social media/community website (revamp CC website incl Mike's walks, mobile friendly)
- Communication between groups
- Encouraging volunteering

Community workshop results summary

What would make things better?

Civic participation/employment

More volunteers; Spread of commitment; Involve youth club in community activity; More people should help the Leeswood news editor (to get a wider range of information); An I.T. Learners group; School – IT training

Transportation

Access (no pavement); Better public transport – ring and ride service needed & needed later in the evening

Outdoor spaces & public buildings

Prevent fly tipping; Litter picking (litter picker 1 x weekly); Dropped recycling on collection day; Bottles on football pitch; Dog mess – Phoenix park & pavements (plenty of dog bins) Dogs shouldn't be allowed on play areas; Speed cameras/parking

Community Support & health services

Ask for help; Age Connect Type visiting of the Aged

Information & communication

Better communication; better information about any new or changed bus services needed from Flintshire County Council; More people should help the Leeswood news editor to get a wider range of information; Increased awareness of the usefulness of the Leeswood news; Better publicity/contact information about existing groups; Push the website...circulate information to all the village – annual leaflet; More information sharing between groups, joint publicity “groups together”

Social participation

Drop in/Café; Ladies Lunch club; Ramblers; Drop in Centre “Coffee Club”? in old clinic; Walking club – (nothing in Leeswood now); Lunch Club; Keep fit yoga?; An I.T. Learners group; School – IT training

What are the priorities?

More involvement by more people to “lighten the load”
Keep our villages tidy

Identifying elderly people who need care or company etc.

Identify the level of attention needed

Generate enough people to supply information to and support the Leeswood news editor to improve it as a news vehicle.

Re- introduce the coffee club

Involve the youth in community projects

Involve everyone in the Community Spirit

Community Questionnaire results summary

What people would like to change about L&P:

- Anti-social behaviour
- Speed bumps
- More for children
- More social activities
- Improve transport links
- More events together
- General tidy up/less litter/ no dog fouling
- Improved parking
- More suitable housing for over 50's

Activities people would like to see in L&P:

- More community events/more use of community centre
- Groups for children
- More sports
- Café/coffee morning
- Safe walking groups
- Drop-in
- Live bands
- Scouts/Boys Brigade