

Over the last 12 months we have been gathering your thoughts and opinions on what would make our villages more Age-Friendly. Here are some examples of the things you said:

## Outdoor spaces & public buildings

- More use of the community centre
- General tidy up/less litter
- Dog fouling – pavements, parks, play areas
- Improved parking

## Social participation

- Drop –in centre / café (in old clinic?)
- Ladies lunch club
- Keep fit activities e.g. yoga, walking
- Digital learners group/training
- Activities for children/young people/men

## Information & communication

- Increase awareness of Leeswood newsletter
- Better publicity about existing groups
- Promote the website
- Circulate information to all the village
- Wider range of information in Leeswood News

## Civic participation/employment

- More volunteers
- Spread of commitment –all ages
- Involve youth club in community activity
- More help with production of Leeswood News

## Community support & health services

- Availability of services/ how to access help
- Support for people who need it - in their homes and to get out and about

## Respect & social inclusion

- Intergenerational activities/community events
- Support for people whose first language is Welsh

## Transport

- Improve access
- Ring & ride service

## Housing

- Suitable housing for over 50's

These have been pulled together into six priority areas and the Age-Friendly Community steering group have identified two actions to work on initially.

### *Our Age-Friendly Community priorities*

- More involvement of people of all ages to 'lighten the load'
- Increase the number/range of activities in the community for people of all ages
- Maximise the use of the community centre to protect the future of this valuable asset
- Improve information about organisations/groups and the support available
- Increase the range of communication media to raise awareness about what is happening in the community
- Increase community pride and spirit of volunteering to build community resilience

### *Our initial actions*

- Increase the use of the community centre, making best use of the available space and facilities including the 'old clinic'
- Create a regular "What's on" for Leeswood & Pontblyddyn and consider ways the community can keep it up-to-date

## *What we have done so far*

Work has begun on 'stripping –out' the 'old clinic' in the Community Centre so it can be used as an informal 'drop-in'/meeting place/community café. The Community Centre committee had already made a commitment to bring Wi-Fi to the centre and this has now been installed bringing superfast broadband to groups that use the centre.

***Free Wi-fi Available at Leeswood community Centre***

Information is being gathered for our first edition "What's-on" flier. Plans are to circulate this electronically, post it on public notice boards in the village and include it as a regular space in the Leeswood News and Leeswood Community website. Hopefully this will grow as we gather more information about local groups/activities and as new activities develop and will be a useful source of information for everyone in the village.

On Saturday 17<sup>th</sup> February we held an intergenerational Afternoon Tea in the community centre This was really well attended and plans are to hold a similar community event after Easter.

## *Want to be kept informed?*

The simplest way of keeping up with progress and to be informed of new activities is to join our Age-Friendly Community e-mail group. It is free to join and there is no obligation to get involved in any of the activities but we would definitely appreciate your help in spreading the news.

Email: [Shereen.Devine@volunteeringmatters.org.uk](mailto:Shereen.Devine@volunteeringmatters.org.uk)

Don't have an email address? Contact Shereen on 07469 851886 and we will do our best to contact you about forthcoming events/activities.

## *How can you help?*

We will be continuing work on the 'old clinic' the next stage being preparing the walls for painting, including sanding and filling in any holes. This will take place on Sunday 4th March 11:00 – 14:00.

***DIY SOS – can you help?***

Additional help would be welcome, or if you know any trades people in the village please encourage them to help or donate any useful items. If you are able to help, please contact Shereen (See contact details below) on 07469 851886 or email [Shereen.Devine@volunteeringmatters.org.uk](mailto:Shereen.Devine@volunteeringmatters.org.uk). Willing volunteers will be provided with refreshments and a bacon bap (or suitable vegetarian alternative).

Activities and events can only be organised with the help of a few willing volunteers. If you feel you could spare a little time or have an idea for an activity/event please contact Shereen.

Shereen Devine

07469 851886

[Shereen.Devine@volunteeringmatters.org.uk](mailto:Shereen.Devine@volunteeringmatters.org.uk)

